

# *Arnold Gymnastics Challenge*

## *2012 Men's Schedule*

*All Men's Sessions located in Gym C*

### **Session I- Level 4- Saturday, March 3, 2012**

General Stretch:	8:00-8:30
1st Flight Warm-up:	8:30-8:40
March-in:	8:40-8:55
Competition:	8:55-11:15

### **Session II- Level 5- Saturday, March 3, 2012**

General Stretch:	2:00-2:30
1st Flight Warm-up:	2:30-2:40
March-in:	2:40-2:55
Competition:	2:55-4:55

### **Session III- Level 6- Saturday, March 3, 2012**

General Stretch:	5:15-5:45
1st Flight Warm-up:	5:45-5:53
March-in:	5:53-6:08
Competition:	6:08-8:38

### **Session IV- Level 7-10- Sunday, March 4, 2012**

General Stretch:	8:00-8:30
1st Flight Warm-up:	8:30-8:44
March-in:	8:44-8:59
Competition:	8:59-11:59

***Place a “Good Luck” message in the Arnold Gymnastics and T&T Challenge Program....***

This year we have a great opportunity to offer all families with gymnasts attending the Arnold Gymnastics and T&T Challenge.

You can recognize and wish your gymnast Good Luck in the Arnold program! This is a great keepsake/souvenir to take home from the meet that your gymnast will cherish. We can accommodate messages, pictures, or any fun ideas you have. There are many possibilities and we like creativity.

Please don't delay! Contact Melissa at [cyclonegymnastics@hotmail.com](mailto:cyclonegymnastics@hotmail.com) with your message or picture. You can send jpg or pdf artwork/pictures. Artwork must be sent in no later than February 15th, 2012. We cannot accept requests received after that date due to printing time required.

Please email your information and follow it with a check or money order made payable to Arnold Gymnastics Challenge, 6800 Commerce Court Drive, Blacklick, OH 43004. Ad entry will be confirmed upon receipt of payment.

**Ad Prices:**

Full-page \$175, Half-page \$125, 1/4-page \$75.

Best Wish Line Only \$10

**\*Programs available at the meet for \$8.00**