

**Arnold Gymnastics Challenge 2008
Men's Schedule**

SESSION I – ALL LEVEL 5s

Saturday, March 1st

General Stretch	8:00-8:20
1st Flight Warm-up	8:20-8:30
March-in	8:30-8:45
Competition	8:45-11:00

SESSION II – LEVELS 7-10

Saturday, March 1st

General Stretch	1:00-1:30
1st Flight Warm-up	1:30-1:40
March-in	1:40-1:55
Competition	1:55-4:55

SESSION III – LEVELS 4s & 6s

Sunday, March 2nd

General Stretch	8:00-8:20
1st Flight Warm-up	8:20-8:35
March-in	8:35-8:50
Competition	8:50-11:50

**FINALS: SUNDAY, MARCH 2nd
OPEN STRETCH BEGINS @ 12:45 P.M.**